



Inside our May Issue:  
Q Touring, Q Sweets, Q People,  
Last Catch Continues, Q Musicals,  
and a whole lot more.

MAY 2008

Q MAGAZINE

*Is the Gay community obsessed with the body beautiful?  
We take a look through the eyes of two professionals.  
Q Magazine - Made Locally! Enjoyed Nationally!*

# 101 ways to get it



## one way to get rid of it

**Syphilis** covers areas condoms don't, and infection with syphilis makes HIV transmission more likely. A quick and easy test will help protect yourself and others. If you visit a sauna or dry sex venue more than once a month, we recommend sexual health checkups **every three months**.

### q comment: **YEAR FIVE BEGINS**

Believe it or not, your favourite (and only A5 free to street monthly glossy for the GLBT community in Australia) is now in its fifth year. You can see all the previous four years of issues and their covers on our website at [www.qmagazine.com.au](http://www.qmagazine.com.au) (click on the latest issue tab).

The publication has changed quite considerably over this time. We have had 3 different designers (I have been designing it myself for the past couple of years), many different writers (a majority of the current stable being with the mag for at least 2 of the years consistently), a myriad of advertisers (a high proportion of which have been with the publication since inception), a host of publicist have contributed to it (again, most since the beginning), it moved from just being distributed in Melbourne to now being a nationally enjoyed magazine, but throughout all of this time, Q Magazine has stayed true to its core philosophies of providing the GLBT community the BEST in lifestyle news and views. We were glossy from the beginning. We have always been the size we are. We have always supported worthy projects in our community regardless of whether or not they advertise.

I thank, from the bottom of my heart, all those who have supported Q! - including the writers, advertisers, record companies, publicists, the wonderful array of businesses and community outlets who stock it, and, most importantly, you the readers for keeping it on the shelves, and in the hearts and minds of all GLBT people across our great country. Without the combination of all of the above, Q Magazine would not be able to continue. I hope you too continue to enjoy it as much as I do putting it together on a monthly basis.

In this issue, we focus on beauty and whether or not our community is obsessed with the concept. We do this by highlighting two professionals in the beauty business - Joe from Heavenly Solutions and Dr. Paul Spano from Skinovate.

Over the next six months, we will also continue with our tour around Australia. The June issue will take a look at the Sunshine State - Queensland. Hope you enjoy it.



**Gorgeous Pics  
of the  
Month**



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# q feature: **BEAUTY - IS IT SKIN DEEP?**

**My first interview is with Joe from Heavenly Solutions. I started by asking what training he had to do what he does...**

I am a qualified hairdresser by trade, having worked in that industry for 9 years before branching out into beauty, and I'm also a qualified masseur. I had undertaken a beauty module as part of my hairdressing training, which focussed on waxing and facials. I've also done courses supporting the various other treatments we offer. I moved into beauty due to the number of male clients I worked with as a hairdresser who were looking specifically for male-oriented treatments. When I started Heavenly Solutions over 12 years ago there was very little available in Melbourne at the time for treatments done by men for men, and given my interest in men, it was a natural progression!!

**What sort of beauty treatments do you perform?**

We offer a variety of services at the salon all focussed on the body - facials and fruit acid peels, eyelash tinting, solarium/spray tan, massage and of course waxing (all body areas), which is the major part of the business. I specialise in all these treatments, but also have staff who focus on specific areas (such as massage or waxing).

**Have you found an increase in gay guys (or girls) utilising your services over the years?**

Certainly gay men have always made up the bulk of my clientele, having an interest in being 'groomed' top to toe. What I've seen as a major change over recent years is the number of straight men - especially from sporting arenas - who are comfortable with the concept of men's beauty treatments. We have also seen men bring in their Dads.

So there's a general acceptance of men's grooming across all parts of the community now.

The other expansion in recent years is the types of services men are looking for. Men are much more discerning now, and will not put up with poor service from places who offer men's waxing but who have little experience with men or don't know how to handle anything below the belt.

**Are there specific services/treatments more popular than others?**

Waxing is the most popular service at the salon, specifically the "back, crack 'n sack" - keep it neat boys, and they will come. Other than waxing, around party season the spray tanning also gets a work out.

**What, in your opinion is/are the main reason/s people choose to have treatments done?**

The primary reason is for guys to feel better about themselves - when you look good, you feel good. This leads to confidence in other areas, from shirts off on the dance floor to pleasing their partners (male and female). With some of the other treatments such as facials and massage, there's an "indulgence" aspect - relaxation and stress relief are also reasons why men come in.

**Are there any dangers in people getting the treatments you offer done to themselves?**

Apart from mean ingrown hairs every so often, the main danger in waxing is a little bit of pain - but they keep coming back for more so we know it's worth it. Obviously we offer spray tans and we have a solarium, and while there's a lot of press recently the jury's still out on that one. Some of my clients would tell you that the main danger is divulging too much information to me when in compromising positions - oh, the stories I hear!





# q feature: CONTINUED...

**My second expert is Dr. Paul Spano. What qualifications have you got please? (either formal or informal)**

I am a: Graduated from Melbourne University Medical School in 1990; past Fellow of the Royal Australian College of General Practitioners; founding and current member of the Cosmetic Physicians Society of Australia (past Victorian President); past National Lecturer for Botox Australia; sat on an expert panel to design the advanced training program for Botox; a Member of the International Society of Hair Transplant Surgeons; past lecturer on laser and cosmetic therapies; practising Cosmetic Physician; and Hair Surgeon.

**What sort of procedures do you usually perform yourself?**

Wrinkle reducing injections and dermal fillers, leg vein sclerotherapy, skin lesion removal, cosmetic consultations and hair transplant surgery.

**Are there any procedures / treatments more popular than others?**

The most popular is dysport injections. It lasts longer than Botox and stings less. New filling agents for lips have improved the results. There is also a permanent lip and fold filler called Aquamid.

The new Fraxel Laser is an incredible machine for reducing acne scars, open pores, and damaged aged skin. It's the absolute best thing in Lasers in about 15 years with little downtime and permanent results. It's very popular of course.

Our newest Gentelase Laser Hair Removal machine is faster, better and more comfortable, as laser hair removal is always popular.

**Are there any dangers or things people should be aware of with your work?**

People, I don't think, do understand that there can be a recovery time after laser work, and if people are having an injectable, then the occasional bruise can occur (but it's coverable). The main point here is that each person has different skin and it reacts in its own way, so we need to treat every body as an individual, but being a medical practice (not a beauty salon) we are equipped to deal quickly with any side effects.

**Do you think the Gay community is obsessed with beauty?**

No! Having one of our clinics in a gay area means we service the Gay community - as we have done

for the past 11 years - but I would not say that our Gay clients are any more obsessed or fussy about what they want with their skin. Good grooming, being neatly and nicely dressed, and having a healthy youthful appearance is a positive message to others in society. Taking care of yourself spreads positivity in the world. Personal grooming, hygiene, and skin health and beauty for me is all rolled in together with having a positive outlook on life...and that is a good thing.

## **Latest News:**

The advancement in eyelash conditioning is available now - MD Lash Factor - an eyelash conditioner that improves the appearance of natural lash length, fullness, and thickness. Ideal for people with thin lashes, and anyone wanting to improve their natural fullness. Ophthalmologist tested - Dermatologist tested - Hypoallergenic - Safe for sensitive eyes - Safe for contact lens - Paraben free.



# q beauty: with GEORGE ALEXANDER

**Lately I have been asked a lot about IPL hair removal. I thought I would do some research and answer some of your FAQ's.**

Intense Pulse Light hair removal is a fast and effective treatment with the latest technology equipment, in the hands of high trained and experienced clinicians.

## **What is IPL hair reduction?**

Intense Pulsed Light (IPL) and the new Super Intense Pulsed Light (SIPL) treatments machine. SIPL is the less invasive but more powerful and more effective, long term alternative. The newest SIPL treatment has many features and benefits, making this a truly superior and versatile machine. This is not a laser treatment, but utilises light therapy to achieve the result.

## **What areas can be treated?**

All areas of the face and body are treated. Sensitive areas such as bikinis and Brazilians, chest and back hair removal are now quick and relatively pain free.

## **How does it work?**

The area to be treated is shaved clean. The head (appropriate for the size of area being treated) is passed over the area. Permanent hair follicle destruction is only possible if enough heat (thermal) energy can be delivered to the hair bulb and for long enough (wide pulse width of the light flash). It also requires enough melanin concentrated in the hair bulb to allow it to absorb this heat energy. SIPL also targets and destroys the feeder blood vessels to the hair follicles. This is the reason the area is pre-shaved – so that the heat is delivered only to the hair bulb and does not burn the skin. Combined effectiveness of destroying the deep melanin pigment in the base of the hair follicles and the feeder blood vessels, makes SIPL superior for permanent hair reduction.

## **Avoid cheap imitations!**

A photo-waxing result can be obtained with any machine by heat simply burning the hair in the hair shaft. This is temporary, as the hair grows back if the hair follicle, situated in the base of the deeply lying hair bulb, is not fully destroyed. It is also important to note that multiple treatments with equipment that is not effective, (pulses which do not generate enough heat or maintain heat for long enough) will damage the hair sufficiently to remove the pigment but not stop the growth. The result will be thick hair, lighter in colour which will then be very difficult to treat.

In these circumstances, less advanced equipment

at lower treatment prices is not always a bargain, as the hair will not be removed and treatment will have to begin again.

## **Does it hurt?**

Less than waxing. Effective cooling ensures that the maximum destructive power gets only to the deeper layers under the skin. This is where the melanin and blood vessels need to be destroyed in the base of the hair follicles. Better surface cooling means the least pain and discomfort of all the IPL machines and far superior to Laser, especially for sensitive areas.

## **Is there any downtime?**

No downtime with this treatment.

## **When do you see results?**

You will see results with your first treatment. The 30% of hair in the growth stage that is treated at your first appointment will be destroyed, in the main, and not grow back at all.

## **How many treatments do you need?**

4 – 6 treatments are likely, but our clinician will be specific at your consultation as your skin and hair type will determine the final treatment plan. Treatments commence at four weekly intervals, for the first 4 treatments, for maximum benefit. A fifth and sixth treatment is usually added at one to three monthly intervals, depending on whether there is further hair growth.

## **How long does the treatment take?**

The equipment that we use is technologically superior and provides a very fast and comfortable result.

## **How long do the results last?**

This treatment works because the intense light which is absorbed by the pigment in the follicles is converted into heat. This heat loosens the hair and disables the cells responsible for new hair growth. This affects the 30% of hair in the anagen or growing stage. Most of the hair destroyed will not grow back at all. The remainder may be lighter and thinner when it does grow back.

## **Is it safe?**

Very safe – the latest technology equipment in the hands of a qualified and experienced operator is very safe and the outcomes are very good.

## **Who can have this treatment?**

All skin types and hair colours can be treated, but the "lighter the skin colour" and the "darker the hair colour" (with more melanin), the more permanent hair follicle destruction is possible.

## **Pre Treatment Care:**

Shave or use a cream depilatory (do not wax) the area to be treated.

## **Post Treatment Care:**

Cold surface cooling and the long pulse-width give much greater protection against skin burns, sometimes seen with other IPL machines and often with Lasers.

I hope this answers your questions.

**For further information find a qualified operator and have a consultation with test patch.**



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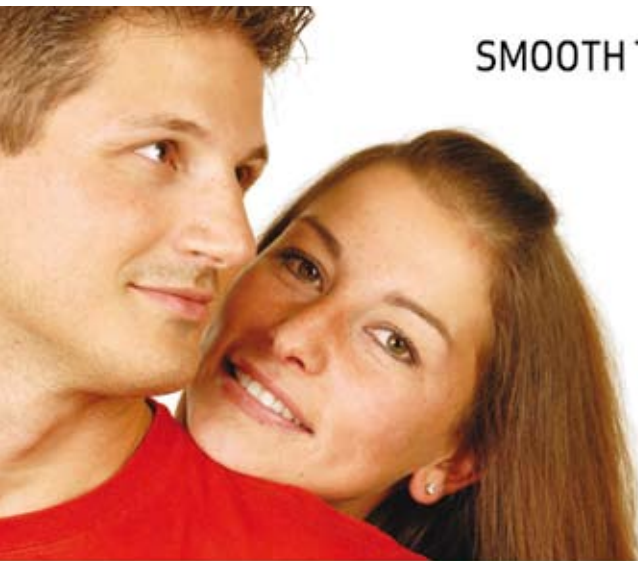
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# q whispers: with ADDAM STOBBS

**Naively, honesty continues to be the number one requisite that my fellow homosexual men require in partners. In fact, it seems to be the number one personal quality that obsesses all humans in their endeavours to forge meaningful relationships.**

What exactly is this honesty that we crave? Is it the illusion of monogamy? Do we want to believe that our partners have only eyes and thoughts for us? How unrealistic. If my partner was like that I would have him locked up (I might anyway) because that would be an unhealthy compulsive situation. Don't get me wrong I am not being critical of people who choose monogamous relationships, that's entirely up to them.

Is honesty one the qualities that would identify us as Australians? According to the politicians at every election it is. Freedom and truth. Let me tell you neither of them exist.

The most notable quality in our Australian society is the layering of multi-level self-fulfilling hypocrisy (Oh and some of us are cynical as well, and that would be me).

We do not want to hear the truth, we want to hear and know what we would like to think is truth. Truth denies faith, and by it's very consequence denies hope. If you discover the truth, then hope disappears because you have discovered the reality. If you discover the reality then you no longer need faith as you have found the answer. Faith requires mystery and a lack of knowledge. So when we see people craving for an 'honest' partner then you know it's bullshit.

The same farcical expression articulates around the idea that we live in a free and democratic society. No we don't. We live in a mixture of theocracy, meritocracy and greed. Although we are not under the rule of a dictator or emperor we are constrained by our beliefs (Theocracy), how much we can achieve (meritocracy) and how much we can grab.

Granted we do have some freedom for personal liberty that others do not have in other countries. We are free to love and be homosexual (I think), we are free to worship (as if), and we are free to disagree, as long as we do so under strict guidelines. We are also free to 'take' a spouse.

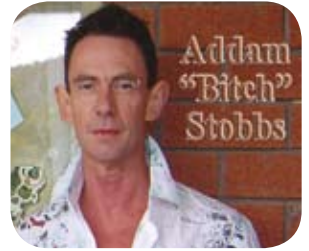
The freedom to marry has been flogged in to rotting carrion over the last few years; however the concept of Christian marriage is still one of the 'freedoms' that many in our community crave the most. Marriage is an outdated and obscene concept, where one person owns another.

Remember what I was saying about truth. The 'bride' takes the husbands name (I could go on, but you get the drift).

There are some truths that I have recently discovered though, as my existential concepts widen and thoughts narrow. Equality is almost a bigger illusion than freedom. There is no such thing.

When we finally get the right to marry, the whole of western society will be over it and have realised there are greater meanings to relationships than outdated superstitions and religious clap-trap. Thank God that I don't live in a culture where I would be stoned to death for stating my 'honest' free-thinking opinion.

It was Anzac day last month. It is possibly the greatest day in Australian significance. I am truly and sincerely grateful to all of the people who gave their lives or stood up to defend us, so that I can be a cynical and somewhat notoriously bitchy queen, without fear of persecution. To those who we remember, thank you from the depths of my soul (should it be that I actually have one).



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# q style: with CRAIG MICHAELS



**Who can help you create the right look? Well it is time to expose the mystery around Stylist, Personal Shoppers and Image Consultants!**

How do you separate the "Hacks" from a team that can help you create a great sense of Style and give you

confidence next time that you are out and about or at that major event, wanting to create a great 'First Impression'.

## **Some of the questions that you should ask are:**

- \*How many years experience do they have (be aware that they will try and stretch this)
- \*Ask to have a look at previous "before and after" work that they have completed (Anyone that is serious will have a portfolio)
- \*Do they operate from an office or show room or are they just home based?
- \*Ask them what is the most exciting part about their job?
- \*How much they charge and clarify what that consists of?
- \*What do they do to keep up with current trends?
- \*Do they have access to great hairdressers and what awards have they won in both colour cut and styling?

Then you need to assess what they can do for you.

What is it that you want to achieve to create that great style? Is it a fabulous corporate look? Or a shaggy but sleek retro style to stand out from the crowd? Funked up scatter boy or even the new Metro man trying to find what he is truly looking for.

You need to identify what your type of look is currently and have some ideas of what you want to create. A great way of doing this is to buy a range of magazines or surf the internet not just chat lines and check out images and make notes on them about what you like about that particular image.

When you are preparing to re-invent yourself remember there are limitations in what you may be able to achieve. Be open to ideas that the person has for you otherwise you are creating a barrier to begin with.

The key thing that you need to identify is what type of shape you are and what type of clothes will work for you. This is where your stylist can come to your rescue. Make sure that they have had great experience and that you are happy with the work they have done before. After all you want to dress the package to sell the package if you get my drift.

The first myth that we need to expose and there will be a lot of very annoyed stylist out there after this one.

## **Myth 1**

The 1980's mentality of having your colours done and being told that these colour swatches are the only colours that you can wear and trust me they still do this now.

The truth behind this is, that with each season 80% of the population in Australia skin naturally changes due to seasonal change. In summer we tend to darken up and in winter we tend to fade.

Therefore when your skin colour changes so does the colours that you have been told are the only ones that will work for you. At First Impressions Count we will teach you how to identify what colours you can wear and why! We show you how to choose the colours without relying on colour swatches.

## **During a consultation with the team at First Impressions Count you will be able to:**

- \*Identify what works for you and why
- \*Create an individual style to suit you that will create the wow factor
- \*Re-invent outfits from your old wardrobe with new pieces from our store
- \*Understand colours and what they can do to change you
- \*Feeling more confident with your body
- \*Able to relate better in social occasions as you feel better
- \*Identify tips to dressing appropriately for any occasion

So when you next venture out thinking about how to create a new sense of style or just sharpen your image. It does not matter how young or old you are whether your skinny or a truer figurer, it is about creating an individual look for you.

The most important thing is it has to be FUN! That is our philosophy about creating the new you it's about playing dress up's with a glass of bubbles in your hand and someone fetching clothes for you to try on. "Very pretty women" (Or boy).

Next month we will look at what other myths can we expose in the fashion industry.



**generationq.net  
headlines for MAY**

A not-so-straight eye on Big Brother  
Will it be Hard Candy or soft...?  
Tiesto and Armin Van Buuren in action  
News that's just a bit bent

and make sure you take a look  
at this video from the School Angels project:  
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# q fashion: with LUKE ADAM-ALLDER

With the arrival of the chilly nights and frigid mornings of winter, as well as blustery, wet afternoons, we are all probably dragging all of those warm woollies from the under the bed or top of wardrobe storage and rushing around to have them properly laundered, refreshed and ready to wear for the season.

As those scary spice girls once shrieked "stop right now – than you very much", because all the major winter fashion shows both here and abroad are using the term, Trans seasonal. Where it was easy to once spot summer and winter clothes (boardies, tee and havianas in Summer and heavy knitwear, coats and scarves in winter), its now very passé to consider season specific outerwear.

What works in spring and summer can transfer across to the colder months with a little bit of preparation and some staples items. Finer Italian woollens that are light knit and lighter yarn will work 3 seasons out of 4. Pick up some Calibre knits, or reach for some of the Polo by Ralph Lauren offerings around. Ensure they are in darker hues, like black, grey and charcoal that can be teamed with a lighter grey shirt, a scarf or wrap, a sensible jacket and off you go. Have a look at the tasselled scarves from Calibre that are both longer and lighter than traditional wool.

Trousers can remain in lighter wool blend fabric as most of us get out of the car and into a temperature controlled building or home. Public transport users also have the benefit of heated trains and trams.

Wool blends are easier to take care of and don't suffer from over cleaning from dry cleaners as much. Check out the range from Louis Vuitton. Dark denims also work nicely and transition very well from autumn to winter. UK label, Firetrap are transitionally perfect and look fabulous with a patterned Joe Black or Ben Sherman shirt, a thin tie, a fun vintage waistcoat and Melton Duffle Coat or Kenzo Woollen pea coat – it's a look that's all indie rock with a bit of attitude.

Thanks to the young straight boys, the dandy look is back and with a screeching vengeance. Hats, scarves, cravats and gloves are wonderful looks for winter, especially tossed together with a very funky new season pair of Dolce and Gabbana denims, worn ever so low on the hips, a fabulously large bling style belt and some ripping thigh length lace up boots. Let's face it nothing is hotter than a confident sexy man in the right pair of ass/crotch hugging jeans and a cheeky grin.

Bon Vivant.



## q grooming: YOUR Q & A SECTION

Q. I'm after tips for at-home massage.

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As well as relaxation, massage can help to relax tense muscles, ease stress, improve circulation, and help to detox the body by stimulating the lymphatic system.

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A monthly review of the world of Food, Bars, and Wine

A monthly review of the world of Food, Bars, and Wine

With the arrival of winter, it needs to be all rib sticking food, open fires with ballsy red wine after the footy and somewhere nice to enjoy a cracking cocktail or two with friends and lovers.

You are looking for slow cooked food, rib sticking risotto's, marinated lamb, slow cooked pork belly, cassoulets and meat on bones.

In Melbourne, visit Il Baraco at 168-170 Collins Street, Melbourne. They have a great selection that will keep you warm and toasty for the winter.

Pladina Slow Food in 57 Lonsdale Street, Melbourne is known for its passion for slow food.

Wheat Restaurant and Bar has a few sensational offerings at the lower end of the market. You will find them at 534 Lonsdale

The Press Club has amazing Greek / fusion food and if you can get in, then go to 72 Flinders Street. They also happen to have a great bar with some clever mixologists for the perfect beverage.

In Sydney, the fabulously old fashioned and almost medieval Peasants Feast on King Street Newtown is worth the journey from amazing slow food. Also try Jonah's on Bunya Road in Whale Beach - they do a great job with some stick to your ribs gear which is a great place on a blustery winter day watching the waves crash in. Try also Serai on Cleveland Street, Surry Hills. It's a little lo fi but great value.

Brisvegans may decide that they don't need warming food but they have options. Isis Brasserie on Brunswick Street, Fortitude Valley is somewhere that does some cracking food.

Lure has been previously mentioned in this column almost 12 months ago and has maintained its magnificence. They are at McDougall Street in Milton. The arco Polo Dining Room at Conrad Treasury in the City is marvellous - even though it is part of a den of

**Wine wise**, full bodied, plummy cabernets, peppery shiraz and some of the newer Italian varietals are great.

For those wanting cocktails, drinks where brown spirits feature prominently are the way to go.

Head to 1806 on Exhibition Street Melbourne for some classic old world bevies in a beautiful, warm and inviting setting.

Have a look round for what's local for you in your state, as I know from my travels, there are options a plenty and just around the corner from you I would guess. Vive le Vie.

For more information on any information in this column, please contact Pete at [lifestyle@qmagazine.com.au](mailto:lifestyle@qmagazine.com.au) or call 0409142365



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# q musicals: ALTAR BOYZ

**ALTAR BOYZ – The Self-Anointed Apostles of Pop. Each one a shining star...together a constellation.**

The longest running, most critically acclaimed off-Broadway musical in years, ALTAR BOYZ will bring their soul saving tour to Melbourne with an all-Australian heavenly sent cast.

ALTAR BOYZ is a musical comedy satire about a fictitious Christian boy-band on the last night of their national "Raise the Praise" tour. The Boyz are five ultra-talented heartthrobs from Wodonga: lead singer Matthew (leader of the pack with the heart of a saint), Mark (a sensitive young man with a deep faith in Cher),



Luke (a bad-boy with a strong "interest" in communion wine), Juan (a orphan from the other side of the tracks, has hip swiveling moves that make the girls go wild), and Abraham (a nice Jewish homeboy from the temple down the street, who's not quite sure how he ended up here...though his mother would sure like to know).

As they perform their signature hits featuring lyrics like "Girl, you make me wanna wait" and "Jesus called me on my cell phone," soul-wrenching secrets come tumbling out with hilarious results. The Boyz begin to question their faith in each other, and learn if fate is really holding them together, or if it's just their extra-firm hair gel! With their sweet harmonies, sinfully spectacular dancing and an unnerving sense of fashion, these ALTAR BOYZ are destined to rock the masses!

A musical for the entire family, ALTAR BOYZ is 90 minutes of

pure fun and the winner of the 2005 Outer Critics Circle Award for Best Off-Broadway Musical. It was nominated for seven Drama Desk Awards in the same year and honoured with two Drama League Awards.

ALTAR BOYZ is now in its 4th record breaking year in New York

Tha amazingly talented young cast includes Cameron MacDonald (Matthew), Dion Biliros (Mark), Tim Maddren (Luke), Jeremy Brennan (Juan), and Andrew Koblar (Abraham).



**Tickets on sale NOW**

**Everest Theatre - Seymour Centre, Cnr Cleveland Street & City Road, Chippendale - 11 June – 2 August**

**Tuesday – Saturday 8pm; Saturday 2.30pm; Sunday 2.30pm & 6pm**

**Athenaeum Theatre – 188 Collins Street, Melbourne 9th August - 4th October**

**Tuesday - 6.30pm, Wednesday - Saturday - 8pm; Saturday 2.30pm; Sunday 2.30pm & 6pm**

**Adults: \$48 - \$56; Concessions from \$40**

The longest running, critically acclaimed off Broadway musical in years is heading for Melbourne with a superb all Australian cast.

• Sinfully sensational dancing • Music that rocks •

Opening  
Athenaeum Theatre  
August 13th

*altar*

**BOYZ**



**HOLY  
HIT!**

The critics love Altar Boyz ...

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MUCH IN A LONG TIME**

Broadway  
world.com

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Director Kate Gaul Musical Director Robert Gavin Choreographer Antony Ghindjar Cast Cameron MacDonald, Dion Bliks, Tim Maddren, Jeremy Brennan, Andrew Koblar

Presented by Ovation Live by special arrangement with ORIGIN Theatrical on behalf of R&H Theatricals, New York City. Book by Kevin Del Aguila

Music & Lyrics by Gary Adler & Michael Patrick Walker Conceived by Marc Kessler & Ken Davenport

**Check out the Boyz at [www.altarboyz.com.au](http://www.altarboyz.com.au)**



# q touring: CONCERTS GALORE

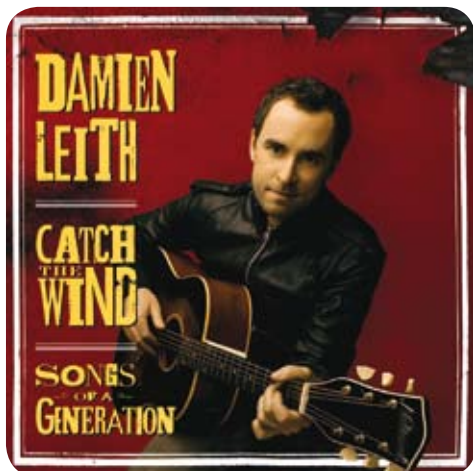
Damien Leith is set to perform a series of live shows across the country with songs from his new album "Catch the Wind: Songs of a Generation". "Catch the Wind - Live & Acoustic" will see Damien perform his favourite songs from the great singer-songwriters of the 1960s and '70s such as John Denver's "Annie's Song", Cat Stevens' "Wild World" and Don McLean's "Vincent". Tickets available now.

Wednesday 28 May KANGAROO GROUND WELLERS, VICTORIA  
 Thursday 29 May HAWTHORN, CAPERS, VICTORIA  
 Friday 30 May MULGRAVE, VILLAGE GREEN, VICTORIA  
 Saturday 31st May BRIGHTON BEACH, MILANOS, VICTORIA  
 Wednesday 4 June MANCHESTER LANE, MELBOURNE  
 Thursday 5 June MANCHESTER LANE, MELBOURNE  
 Friday 6 June WRESTPOINT ENTERTAINMENT CENTRE, HOBART  
 Saturday 7 June LAUNCESTON COUNTRY CLUB, TASMANIA  
 Friday 13 June BLACKTOWN  
 Wednesday 18 and Thursday 19 June THE BASEMENT, SYDNEY  
 Friday 20 June LOGAN DIGGERS, STH BRISBANE, QLD  
 Saturday 21 June THE EVENTS CENTRE, CALOUNDRA, QLD  
 Sunday 22 June TWIN TOWNS, GOLD COAST, QLD  
 Friday 27 June DOYALSON RSL, NSW  
 Saturday 28 June REVESBY WORKERS, NSW  
 Wednesday 2 July OCEANUS RESTAURANT, CITY BEACH, WA  
 Thursday 3 July FRIENDS RESTAURANT, EAST PERTH, WA  
 Friday 4 July PORT BOUVARD RESTAURANT, MANDURAH, WA  
 Saturday 5 July FLY BY NIGHT CLUB, FREMANTLE, WA  
 11 and 12 July THE GOVERNOR HINDMARSH, ADELAIDE, SA  
 Friday 18 July ROOTY HILL RSL, NSW  
 Saturday 19 July DEE WHY RSL, NSW

**With their now international trademark swank and style, The Click Five are gearing up to head Down Under this May, treating their fans to two intimate shows in 2008. This exceptionally talented quintet from Boston is bringing their melancholy rock to our shores, headlining shows in Sydney and Melbourne. Infectious melodies and a scintillating live show have enthralled audiences everywhere.**

The Click Five have been busy touring Asia and the US, in support of their most recent release, the acclaimed *Modern Minds and Pastimes*. The Click Five have refined their live show through heavy touring, gracing stages with the likes of Fleetwood Mac, Hilary Duff, Alanis Morissette, KISS and Australia's very own The Veronicas.

Wednesday 14 May  
 Prince of Wales,  
 Melbourne  
 Friday 16 May  
 The Factory, Sydney



Kate Miller-Heidke has quickly become one of the most talked about performers in Australian music today. Her Gold-selling debut album 'Little Eve' - featuring the singles "Words", "Make it Last" and now the stunningly beautiful "Space They Cannot Touch" - entered the ARIA charts at #11 in June '07 and earned Kate five ARIA Award nominations. Catch The Kate Miller-Heidke Band on the 'Space They Cannot Touch' National Tour at the following dates:

FRIDAY 9 & SATURDAY 10 MAY  
 Annandale Hotel, SYDNEY  
 THURSDAY 15 & FRIDAY 16 MAY  
 East Brunswick Club, MELBOURNE  
 SATURDAY 17 MAY  
 Wrestpoint Showroom, HOBART  
 THURSDAY 29 MAY  
 The Soundlounge Currumbin, GOLD COAST  
 FRIDAY 30 MAY  
 Tanks Arts Centre, CAIRNS





# q music: THE BEST FROM THE BEST



## Beat Broker

The next generation hasn't just landed, it's re-written the rulebook. Forget the old anthems, generic mixes and yawn-inducing predictability – Generationnext is here to salute the nu skool and take no prisoners in the process! Having established itself as one of the most exciting mix compilations in its weight division, the fourth volume of the series has landed and is set to get your feet moving uncontrollably towards the dancefloor. Stepping up to the genre-hopping plate are three of the scene's most exciting spinners, with tyDi, Dr Willis & Scott Alert taking hold of the Generationnext reins and delivering another silky smooth ride through the best in divergent, drool-worthy dance music.

To coincide with the release a far-reaching tour of Australia will be hitting your

hometown throughout May. Check local guides for details.

## Central Station Records

Tiesto massive 'Elements Of Life' tour is a mind-blowing experience that has sold out the



world over. With Tiesto about to embark

on a sell out Australian Tour (with more

dates being added due to incredible

demand), Central Station proudly

presents the ultimate Tiesto experience

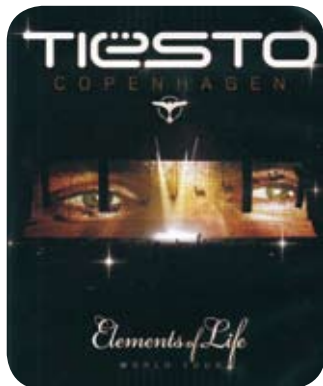
on an epic double DVD release. Fans

will be blown away additional footage

including an exciting on the road feature, music videos, TV material and more,

Elements Of Life Copenhagen brings to life one of the biggest dance music shows

of all time, and is the most exciting dance music DVD release of 2008.



## SonyBMG

A massive 37 tracks over two CDs, Come Out Swinging is simply the greatest

swing classics from way back when to now. Featuring artists like Jamie Cullum,

Ray Charles, Ella Fitzgerald,

George Michael, Lena Horne,

Barry Manilow, Perry Como,

Ludy Garland, David Campbell, Natalie Cole, Bette Midler, Tony Bennett, and a host of others, this is a true collectors item - particularly if you love great music. Get

it now from all good

record stores.



## Vinyl Pusher

My good mates at Vinyl Pusher have just

release the latest in

their series of simply

the best dance music

on a double CD - one mixed by Mr. Timothy, the other by DJ Jazz. You

won't find better dance music, so get your hands on this one now from all

responsible record stores.



## Warner Music

In case you haven't already raced out and got your hands on a copy, this is

a reminder to do so. Madonna's brand new Hard Candy release is on the

shelves of every responsible record store throughout the world, featuring

her smash hit [with Justin Timberlake and Timberland] "4 Minutes" and

"Beat Goes On" with Kanye West. Get it. Got It. Good!

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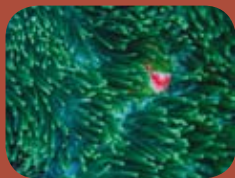
# q travel: with SHEK GRAHAM

At the start of this epic journey I did say that we wanted to compare the diving on the Great Barrier Reef, QLD., to the diving on Ningaloo Reef, W.A. After a trip of over 10,000 km from coast to coast and back again, we had our answer.

	Score (1 poor – 5 excellent)	
	Marine ParkNingaloo Reef	Great Barrier Reef
Ease of getting there	1	5
Accommodation	2	5
Cheap Stand-By Diving	1	4
Coral (colour & species)	3	4
Fish (colour & species)	4	5
Manta Rays	5	1
Whale sharks	5	0
Sharks (species & numbers)	3	3
Nudibranchs	5	4
Variety & Number of Dive Sites	2	5
Good Day Trip Diving Sites	5	2
Rating as a holiday destination	2	5
Gay friendliness	2	5
Total	40	50

There were many wonderful things about Ningaloo Reef. The experience we had with the Manta Rays was one I will remember for the rest of my life. Snorkelling with a Whale Shark was also a magical, if brief, moment. However, both Exmouth and Coral Bay are isolated, with little else in the way of amenities and things to do.

Of course, all of this is purely subjective, but in my humble opinion, for a wonderful all round wonderful gay-friendly holiday experience with some of the best diving in the world, you can't beat Cairns. Don't take the day boats out of Cairns if you want to go diving. Either go up to Port Douglas and take a day boat from there, or if you have the time and love diving on more pristine and remote dive sites, go out on a live-aboard boat from Cairns. Don't book until you arrive and then look for the stand-by rates for the best deals.



Great Barrier Reef  
Queensland

Ningaloo Reef  
Western Australia





# q movies: ENTERTAINMENT PLUS



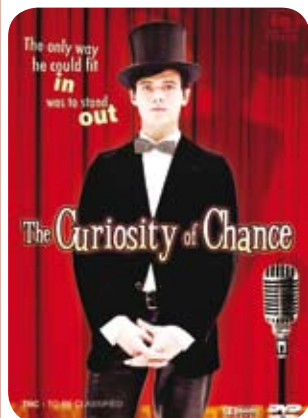
## Eagle Entertainment

What an unexpected pleasure it was to view the first season of this series - a pleasure I have only had twice [in this genre]. The DL [on the down low] Chronicles trace the various scenarios faced by a group of African-American guys in various difficult situations involving their sexuality: a guy who doesn't want his daughter to know; a married guy; a neighbourhood "stud"; HIV / AIDS; a couple in a long term relationship where one of them doesn't want to come out for fear of rejection by his family - you get the picture I hope.

Each episode is told by a journalist who has been doing a chronicle of the various events surrounding the characters and their sometimes extremely complex lives. It's not something unique to this group of guys, in fact, the same could be made about Anglo-Saxons - however there are other contributing factors in some of the cases with African-Americans. A true delight to view. I highly recommend this series.

## fq films

The International musical theatre sensation is now a motion picture - that's right Naked Boys Singing, is now available for you to enjoy in your own lounge room. The songs are camp mistakes about gay life and all the stereotypes and situations that you can think of. Whether you're into exceptional vocals, amazing dancing, or just watching a bunch of guys doing both of those things in the nude, this is a definite for everyone's collection.



With numbers like "I Beat my Meat", "Perky Little Porn Star", and "Naked Maid", there really is something for everyone: jewish; afro-american; white; asian, blonde, brunette, redheads, twinks, hairy, smooth, men. You will love it - it is certainly part of my collection now!

## fq films

"Somewhere in Europe...somewhere is the 80's" a gay schoolboy film was based, and they named it the Curiosity of Chance [after the lead character]. It starts as one of those narrated films that inevitably go back in time - in this case, 1 year. Chance is a handsome young man, intelligent, funny and non-conformist. Like all good school dramas, he battles daily with a bully, befriends a jock, a dork, and a misfit girl, on top of dealing with a military father.

Chance does drag, shows up the bully, ends up singing in a band and earns his father's respect. A good light-hearted story guaranteed to warm your heart and test your resolve.



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g people: **KATE MILLER-HEIDKE**

From mainstream and gay media to independent bloggers, Kate Miller-Heidke's 'Little Eve' topped numerous 'Best Release's Of 2007' lists Australia-wide at the end of last year. 2008 has already seen Kate and co. travel from coast to coast, with performances at the Adelaide Fringe Festival, Brisbane's Big Gay Day, and a four-date stay in Perth that saw the band support Cyndi Lauper. It's this relentless touring schedule, coupled with her phenomenal debut album, that continues to see Kate discovered by more & more music fans by the day.

How does a nice young lady get into a business like this?

I love this business. I suppose there are ugly aspects to it of course, but I'm largely shielded from them. I was one of those kids who sang before they spoke. As a kid I really loved musical theatre, a whole bunch of amateur theatre, and generally making a spectacle of myself.

## Do you prefer to perform or record?

I prefer to sing live. That's where I feel most at home and comfortable. To me that's what music is – and being able to connect with people and move them emotionally – it's a privilege.



A truly charming woman - I had the opportunity to catch up with Kate on the eve of her National Tour [see Q Tours].

Who wrote the songs on Little Eve and what was your inspiration for them?

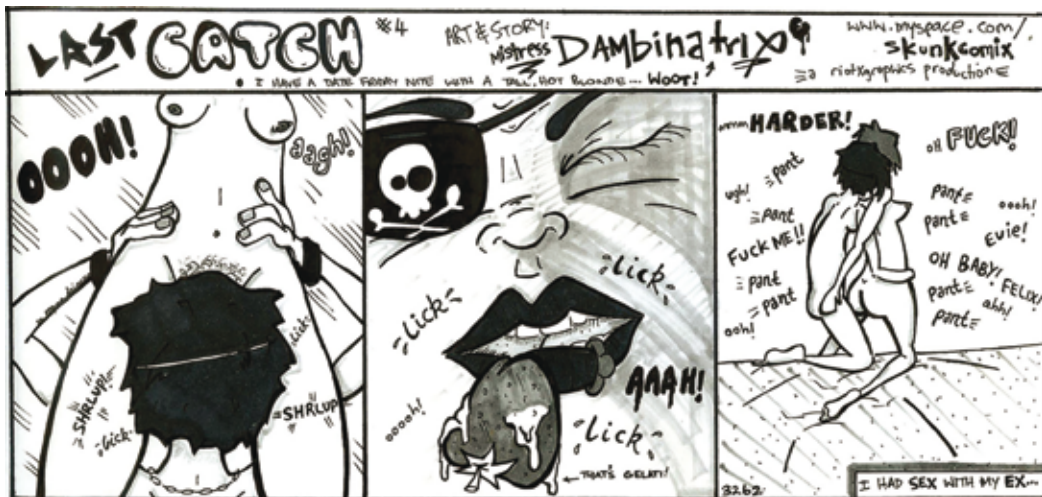
Half the songs on it were written by me and the other half by my partner Keir Nuttall and we've been working together for a few years now – we have a creative bond. As far as inspiration is concerned, it depends on what I'm obsessing over at that point in time, but Little Eve has quite a few songs that come back to exploring what it means to be human – and that's where the reference for the album title comes from – Adam and Eve. Little Adam is written from the perspective of God and Ducks Don't Need Satellites which is a fairy-tale about ducks, but I've always had this innate need to express myself through music, and I feel that I am a musician and that's a big part of my identity and I am just glad I have an outlet to express myself.

You're about to embark on a huge tour.

It's going to be our last tour for quite some time. After this we will be going into hibernation to get to work on the next album, so we thought we would go out with a bang.

And what can we expect from the next album?

We are kind of in the beginning stages at the moment, but it's going to be a little more pop, upbeat and theatrical I think.



# in bed with: BEN

**And...Train wreck – The unknown toll of the man who dives head first into a relationship!**

I hear it again and again from my gay friends, they've fallen in love, this is different, he's perfect, they say! All in all when they break it down they realise they met the guy only seven days ago, have spent a total amount of four hours having sex, have conducted an entire background check in under one hour, including the usual "coming out" story and have come to the conclusion that it's love! Ahhhh, ahhhhh, "Bullshit!" Oh, excuse me, I'm allergic to crap! You my friend, you are in lust with a good dash of denial.

So instead of diving into the swimming pool head first and coming out with a bruised ego and another notch on your ex-boyfriend belt, here are 5 Golden Rules for Dating within the first couple of months and you my friend are going to have to put that thing back in your pants...

1. Don't kiss/sleep with him on the first date - Well, this is a no brainer but how often do we really follow it? Really only when our libido's taken a punch or alcohol has rendered us useless in the sack! Think back for a moment, the men that you really liked and wanted to pursue something with, whom you slept with on the first, second or even third date, how long did the relationship last? So, how's that working for ya then? If you're serious about a partner, hold out for a good month, you'll be having him gagging for it so much that when it finally happens, it will be, hmmmmm, explosive! In the time being invest in a good vibrator, porn and lube in prep for some lonely cold winter nights.

2. Keep the mystery - Don't reveal your entire life narrative on the first meeting, he doesn't need to know that you got crabs from your ex and he stalked you for a good six months, of which you were secretly excited about because deep down you wanted your own stalker! Only give him little pieces of information at a time and hold off on the verbal diarrhoea in the meantime.

3. You reek of desperation - Never appear too keen, they can smell it a mile away and it's really not attractive. If a guy is genuinely into you he will call you, don't go chasing him, it's a sure fire way to turn him off in a heartbeat. Desperation in the first few month's includes daily text messages, frequent phone calls and never, ever talk about future plans together. Oh boy, that's the end of it right there!

4. Get your shit together - Blah, blah, blah, you just broke up with your boyfriend, I'm sorry to hear that but under no circumstances should you be discussing that with a new prospective partner. If you have the undying urge to keep talking about it, you're completely not over it yet. Sort your shit out, have a break and then go back onto the dating scene.

5. When he say's "jump", you say "How high?" How about you say, "Get &\$^#%!" instead. This is a common mistake made by a lot of daters. If he rings you last minute wanting to catch up with a day's notice, say no! In fact, from now on he's got to give you at least three days notice. This is out of respect for you, plus if you say yes to last minute plans, you once again come across as too easy and too available.

Ultimately every man likes a chase and this means you'll need to stop serving yourself on a platter with an apple planted firmly between your butt cheeks. Show some dignity damn it! I wish you the best until we hop into bed together next time...



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# q products: DOC JOHNSON

**Doc Johnson Releases Drip™ Lube Silicone Lubricant - For Fun That's Good 'til the Last Drop**



NORTH HOLLYWOOD, Calif. — World renowned adult novelty manufacturer Doc Johnson has released its Drip™ Lube, a brand new silicone lubricant designed to make slipping into the sack a little smoother, whether it be with a lover or a favorite toy. Unlike water-based lubricants, Drip™ Lube's silicone base ensures a silky smooth experience from beginning to end.

Drip™ Lube is packaged in an elegant 2 oz. red bottle with a brushed aluminum dropper cap that allows users to get just the right amount in just the right spot. In addition to Sensual Unscented, Drip™ Lube is available in three unique scents — Sexy Cherry Vanilla, Sweet Honeysuckle and Spicy Gingerbread.

"With our all-new Drip™ Lube, we wanted to present to the consumer something a little different than your garden variety silicone lubricant," said Chad Braverman, Doc Johnson's Director of Product Development and Licensing. "We've incorporated unique scents with an innovative presentation and a one-of-a-kind dropper cap to develop a lubricant that will resonate with consumers. Doc Johnson has had a lot of success with our previous lube releases, and we're raising the bar even higher with our long-lasting Drip™ Lube."



Drip™ Lube is part of Doc Johnson's award winning line of personal lubricants, which includes Doc's Cocktails — winner of Women's Health Magazine's 2008 Best in Bed Award.

About Doc Johnson: Founded in 1976 and celebrating over 30 years as the driving force in the adult novelty industry, Doc Johnson is the world's largest designer and manufacturer of novelties and sex toys. Doc Johnson consistently manufactures the finest, safest, most innovative and technologically-advanced products in the marketplace. Its extensive catalog of more than 2000 products includes items for men, women and couples at <http://www.docjohnson.com/>

# q products: MINIMIZE.COM.AU

**The Mens Luxury Pack from minimize.com.au has everything you need on-the-go with that touch of luxury ( Lanvin ). Lanvin is the oldest French haute couture house, created in 1889 by Jean Lanvin. Known worldwide for their luxurious fashion & fragrances, Lanvin is the expression of contemporary & refined french elegance. This collection is inspired by the original VETYVER fragrance.**

minimize offer you this exquisite line of luxurious hair & body products (Made in Germany) & suitable for both men & women. These 40ml designer travel products are available in : Shampoo, Conditioner, Body Lotion & Shower Gel. Experience the luxury of a designer brand or buy it for someone special! Available both as individual products or as part of a travel pack. Available from [www.minimize.com.au](http://www.minimize.com.au)

The Mens Luxury Pack includes:

- Mens Rexona Deodorant Spay 30g.
- Colgate Total Toothpaste 45g and Toothbrush.
- Gillette Shaving Gel 71g
- Hamilton S/screen SPF30+ Tube 15ml
- Lanvin Shampoo, Conditioner, Body Wash, Body Lotion (4 x 40ml)
- minimize clear travel pouch



# q win: MAY LUCK BE ON YOUR SIDE

## minimize.com.au

From our friends at minimize.com.au we have five Mens Luxury Packs to give away. Each pack (in a minimize clear travel pouch) includes:

- Mens Rexona Deodorant Spray 30g.
- Colgate Total Toothpaste 45g & Toothbrush.
- Gillette Shaving Gel 71g
- Hamilton S/screen SPF30+ Tube 15ml
- Lanvin Shampoo, Conditioner, Body Wash, Body Lotion (4 x 40ml)



So get your fingers working and email [getfree@qmagazine.com.au](mailto:getfree@qmagazine.com.au) OR sms 0429 88 QMAG with **minimize** in the subject line to play.

## Doc Johnson

We continue this month with prizes from our American friends at Doc Johnson. See the q products page for more information on this new product - Drip™ Lube — Silicone-based lubricant safe for use with sexual partners as well as toys. Drip™ Lube is packaged in an elegant 2 oz. red bottle with a brushed aluminum dropper cap. In addition to Sensual Unscented, Drip™ Lube is available in three unique scents — Sexy Cherry Vanilla, Sweet Honeysuckle and Spicy Gingerbread.



There are 5 sets of the Drip™ Lube (one of each scent) up for grabs...so start working your phone or computer and email [getfree@qmagazine.com.au](mailto:getfree@qmagazine.com.au) OR sms 0429 88 QMAG with **doc johnson** in the subject line.

## Shaft Store

My good mate, CJ is feeling generous this month and, to celebrate the amazing range of Tom of Finland stock he has just got in, is giving away this amazing print - unframed, signed, and totally sexy.

Get to your phone or computer now and either email [getfree@qmagazine.com.au](mailto:getfree@qmagazine.com.au) OR sms 0429 88 QMAG with **shaft store** in the subject line and you could be proud winner of this lovely piece of art.



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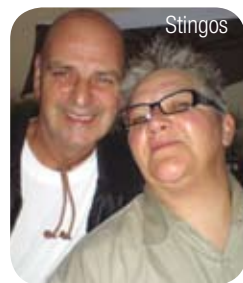
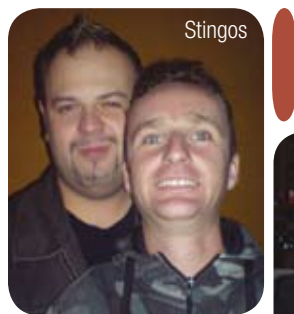
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We have two packs to give away, so get busy and email [getfree@qmagazine.com.au](mailto:getfree@qmagazine.com.au) OR sms 0429 88 QMAG with **igroom** in the subject line to play and hopefully win one for yourself or your man.



\* All prizes are open to everyone, except those which specifically state you must be over 18 to enter. Entries close on the final day of each calendar month with the prize draw taking place at 5pm the following day at Apt. 7, 16 Westbury Grove, St. Kilda East 3183. Names and addresses of people winning prizes valued at or over \$250 ONLY will be published in the following issue of QMagazine. All monthly winners are notified by email or SMS.

# q scene: OUT & ABOUT







Sircuit



The Nic



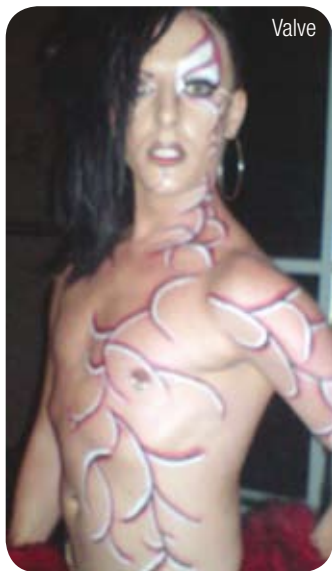
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The Nic



The Nic



Valve



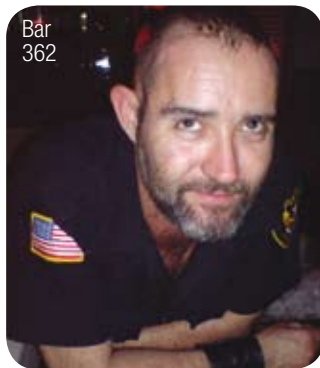
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Bar 362



Bar 362



Bar 362

# q scene: OUT & ABOUT



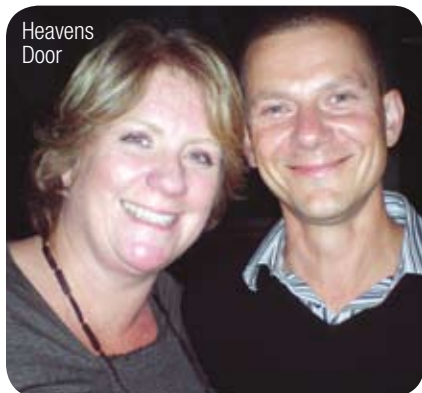
Heavens Door



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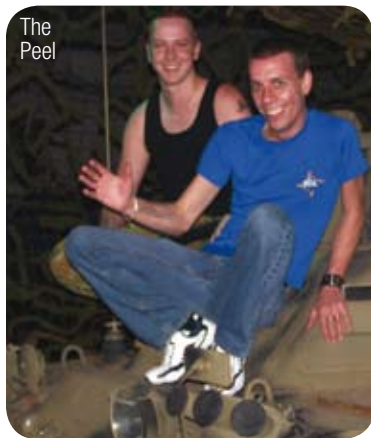
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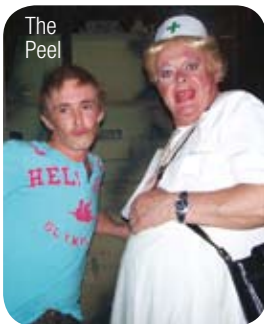
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The Peel



The Peel



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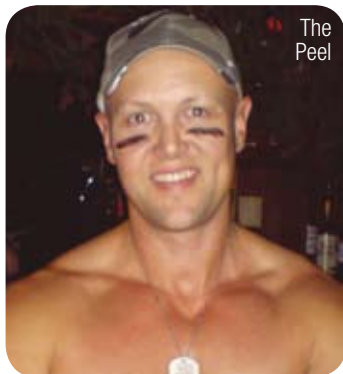
The Peel



Altar Boyz  
Launch



The Peel



The MADPR Boys



Altar Boyz Launch



Altar Boyz Launch



Bingo  
Candy



Bingo  
Candy



Bingo  
Candy





# q theatre: THE BUTTERFLY IS GREAT

## Cabaret cocktail of the month:

The 'Sammy J'. Okay, we may not have a snappy title for this cocktail yet, but neither does his new show for us at the end of May! Rest assured though that the ingredients will reflect his fruit-box prop, comedic dexterity and geeky beauty.

**Looking ahead:** Book an appointment with Dr Mandi and her 9 Easy Steps to Romantic Bliss, Thursday 19 – Sunday 22 June. Dr Mandi's insightful 9 step plan is a wicked spoof of the self-help industry.

## Klara McMurray in IL Mio Amore (My love)

Think National Lampoons meets Mr. Bean meets The Naked Chef ... Italian style. After an audacious, hair-raising, undies-showing escape from prison, Miss K must find a place to hide...fast. She turns to her loyal side-kick Captain Funk who suggests his home town Trieste, Italy. She heads off in search of



new beginnings, greener pastures, legal anonymity and maybe even love, but what she finds is a very different story. Italy lays claim to the largest amount of internationally recognized nouns and historical figures in the world ... Miss K is about to become one more. The show is a philosophical, comical, musical and satirical exploration of food; loss; death; love; both requited and unrequited; and the gentle art of condom shopping in a foreign land. Starring: Klara McMurray as Miss K Accompanied by: Bom on guitar and vocals. Dates: Thursday 15 to Sunday 18 May Times: Thurs – Sat at 7.00pm; Sunday at 6.00pm Ticket price: \$20 full / \$15 concession and for groups of 8 or more

## Vicky Jacobs and The NaNaNas

Join Vicky and her fabulous (although notoriously tardy) backing singers The NaNaNas as they journey through some of the worlds best loved music with some hilarious original songs thrown in for good measure. A must see show for lovers of singing and songs. Dates: Thursday 15 to Sunday 18 May Times: Thurs – Sat at 9.00pm; Sunday at 8.00pm Ticket price: \$25 full / \$20 concession and for groups of 8 or more



## Jeremy Hopkins SINGS JOHN THORN!

Fresh from performances at the Famous Spiegeltent in the Edinburgh Fringe Festival, Bloomsbury Theatre in London, the Adelaide Cabaret Festival and the Sydney Opera House, the audaciously talented Jeremy Hopkins stars in a return season of his first solo show. Jeremy will sing and drum his way through the John Thorn songbook accompanied by the composer on piano and David Abiuso on bass. Dates: Thursday 22 – Sunday 25 May Times: 9.00pm Thu to Sat / 8.00pm Sunday Ticket price: \$25 full / \$20 concession and for groups of 8 or more



## Dace and Mara Kapsis in BUY ONE, GET ONE FREE

Did you ever have that feeling someone was following you? Welcome to life as an identical twin... Discover the trials, tribulations and triumphs of being twins in BUY ONE, GET ONE FREE! A return season of the cabaret show starring the Kapsis Twins, Dace and Mara, and directed by the fabulous Sally Bourne, it promises to be twice the fun! Dates / time: Friday 30 and Saturday 31 May, both shows at 7.00pm Ticket price: \$20 full / \$15 concession and for groups of 8 or more



## Sammy J

Multi-award winning comedy and cabaret star (2008 Comedy Festival Barry Award Nominee, 2007 Green Room Nomination for Best Emerging Cabaret Artiste, 2006 Comedy Festival Best Newcomer, 2006 Butterfly Club 'Under Our Wing' Award) Sammy J returns to create new mayhem at The Butterfly Club. Dates / time: Thursday 29 – Saturday 31 May, all shows at 9.00pm Ticket price: \$25 full / \$20 concession and for groups of 8 or more

## REGULAR NIGHTS:

### CHRYSLIS CABARET

#### DR SKETCHY'S ANTI-ART SCHOOL

DR SKETCHY'S is what happens when cabaret meets art school. The perfect antidote for boring, typical art classes. Hostess Miss Louie brings fun, excitement and a bit of cheek back to life drawing with kooky contests and bodacious burlesque beauties. We don't mind if you draw for your supper or just for fun, we are happy to have you! So forget your easels and messy mediums, just bring a sketch pad and your pencils! Dates / times: Wednesday 28 May at 8.00pm (last Wednesday of every month) Tickets: \$15



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# q sweets: CHOCOLATE

European Master Chocolatier, Arno Backes, unveiled his exciting new venture, Ganache Chocolate last month, offering a decadent new experience for lovers of fine handmade European style chocolates.

Ganache Chocolate has been designed as a luxurious 'Chocolate Lounge' and is dedicated to offering customers a premium chocolate experience.

With over 20 year's experience, Arno understands what makes outstanding chocolate. Using only the world's finest ingredients, unique moulds sourced from abroad, finely honed skills and an immeasurable passion for quality, Arno's chocolate's are like no other.

Located in the heart of South Yarra, the large shop features an elaborate art deco style ceiling, cream marble bench tops as well as plush leather couches giving the space classic European ambience. Upon entering the lounge, customers will feel instantly weak at the knees by the abundance of Arno's beautiful chocolate creations. Arno, as the resident Chocolatier, is central to the layout and works right inside the front window, so he can talk to customers and share his love for exquisite chocolate firsthand.

The open plan space invites those with a little more time to find a cosy corner to sink into with their chocolate of choice while the European inspired decor and deep tones of the lounge whisks them away to a chocolaty heaven. Walking up the rich timber



staircase you will find the chocolatier's kitchen — all chocolates excluding the gelato are made on the premises by hand using traditional methods. "We looked for a long time for the perfect location and are delighted to be in one of Melbourne's best shopping streets," said Arno.

Arno is determined that Ganache Chocolate will be a leader in innovation in the industry and he personally is looking forward to providing a unique experience that only an exclusive store like his can provide.

"Ganache Chocolate is a dream come true for me. I am looking forward to sharing my passion, knowledge and chocolate with all my customers," said Arno.

The store is at 250 Toorak Road South Yarra. Phone: 03 9804 7485 or visit them on the web at [www.ganache.com.au](http://www.ganache.com.au)



## INTERESTING FACTS ABOUT CHOCOLATE

- The word 'chocolate' comes from the Aztec word, 'cacahuatl' or 'xocolatl' which mean 'bitter water'.
- Chocolate is derived from cocoa beans which are largely found in tropical climates such as Brazil, Africa, Indonesia and Malaysia. Inside each pod are about 20-50 seeds, or cocoa beans. It's these beans that give chocolate its special flavour.
- The Mayans and Aztecs believed that cocoa beans originated from paradise and would bring wisdom and power to anyone consuming them.
- The precious cocoa beans were used as a currency in the Mayan and Aztec cultures.
- It takes the whole year's crop of cocoa beans from one tree to make 450g of chocolate.
- Chocolate is the only food which melts at body temperature. The melting point for chocolate is slightly below human body temperature and which is why it melts perfectly in your mouth.
- Chocolate releases endorphins in the brain which produces feelings of pleasure.
- The chocolate industry is worth \$60 billion worldwide.
- In Australia, we each eat around 4.5kgs of chocolate a year, which is no comparison to Switzerland where chocolate consumption is more than 11kg per person.
- Master chocolatier, Arno Backes, eats approximately 1kg of chocolate a week.
- Chocolate should be stored in a cool, dry place in its original wrapping or wrapped in foil. Avoid storing chocolate in the fridge. All chocolates should be stored away from other foods as they act as sponges and absorb flavours and aromas.





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# q do: MELBOURNE MUSEUM

## Drugs: a social history

From smoking cannabis for asthma relief to using opium-laced syrups to calm teething infants, this insightful exhibition examines Australia's drug taking history and is on display at Melbourne Museum from 9 May to 05 October.

Drugs: a social history uses objects, images and film to examine our society's love-hate relationship with drugs, revisiting pivotal moments in Australia's drug taking history; from sly-grog to safe injecting; from Bex to the billboard vigilante group BUGAUP!; from opium dens to the Aquarius Festival – this powerful exhibition challenges existing views on drugs.

"The exhibition provides facts about drugs in our society, and challenges visitors to consider Australia's policies on lawful and unlawful substances," explains Melissa Loughnan, Exhibitions Co-ordinator, Melbourne Museum.

Attitudes to drug use changed dramatically during the 20th century with many drugs becoming prohibited or restricted substances - no longer are Australian doctors able to prescribe heroin for the relief of pain in childbirth or are women with 'nervous tension' advised to have 'a cup of tea, a Bex and a good lie down'.

Drug use was almost completely unregulated until the 20th century. Queen Victoria used cannabis for period pain, Sigmund Freud took cocaine and writers Flaubert, Baudelaire and Rimbaud ate cannabis in Paris in the 1940s.

"This exhibition examines the social context of drug use and asks visitors to consider where Australia's drug policies have come from and where they should be heading," explains Inara Walden, Curator, Historic Houses Trust.

Today, two of the most lethal drugs, tobacco and alcohol, remain legal and widely available drugs in Australia even though alcohol is responsible for many fatal car accidents and smoking is a major cause of heart disease, stroke and several different forms of cancers.

"The exhibition doesn't pretend to provide solutions to problems associated with drug use, but by analysing the social context of drug use and tracing changes in our attitudes and laws relating to drugs we hope to unravel some preconceptions," Walden continues.

Both legal and illegal drugs are featured, including tobacco, alcohol, analgesics, cannabis, opiates, ecstasy, cocaine, LSD and amphetamines.

Drugs: a social history was developed by the Historic Houses Trust. 9 May to 05 October. Free with Museum entry.





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